

Club Rainbow (Singapore)



OUR  
MOTIVATION ARE  
THE COLOURS  
WE LIVE IN

ANNUAL REPORT 2015



## MISSION

To provide compassionate relevant services to children suffering from chronic and life threatening illnesses and their families

## VISION

To be a leading service provider meeting the needs of chronically ill children and their families

## VALUES

Teamwork  
Professionalism  
Respect

Integrity  
Compassion  
Excellence



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## ABOUT CLUB RAINBOW (SINGAPORE)

Set up in 1992, Club Rainbow (Singapore) is a non-profit organisation with a mission to provide compassionate relevant services to the families of children who suffer from a range of major chronic and potentially life-threatening illnesses.

Children in Club Rainbow (Singapore) range from new-borns to youths up to the age of 20. Many of them require frequent hospital visits for treatment, therapy sessions and long-term medication. Club Rainbow (Singapore) works closely with KK Women's & Children's Hospital (KKH), the National University Hospital (NUH) and the neonatal unit of Singapore General Hospital (SGH). On the recommendation of doctors, the children are referred to Club Rainbow (Singapore) for critical follow-up support.

Armed with the vision to be the leading service provider that meets the needs of these children and their families, Club Rainbow (Singapore) adopts a holistic approach to help our beneficiaries in 5 core aspects:

- Emotional Support
- Financial Support
- Educational Assistance
- Social Integration
- Informational Resources

We offer an array of free support services to our beneficiaries in each core aspect, some of which include home and hospital counselling as well as tuition services, regular programs and educational seminars.

Club Rainbow (Singapore) is an independent charity that relies largely on corporate and public donations to support our mission and sustain our work and daily operations. Club Rainbow (Singapore) is a full member of the National Council of Social Service and we are registered under the Registry of Societies and Commissioner of Charities. We have also been accorded an Institution of a Public Character (IPC) status by the Ministry of Health. The IPC status enables Club Rainbow (Singapore) to provide tax-exemption receipts for all monetary donations received.

### MAJOR ILLNESSES AFFECTING CHILDREN IN CLUB RAINBOW (SINGAPORE)

#### BLOOD DISORDERS

Blood disorders result from the defects in blood vessels or abnormalities in the blood itself. Common blood disorders serviced by Club Rainbow (Singapore) include **Haemophilia** (bleeding disorder), **Thalassaemia Major** (inheritable disorder where abnormal haemoglobin is produced, affecting oxygen transport around the body) and **Anaemia** (abnormally low red blood cell count).

#### CARDIOVASCULAR DISEASE

**Congenital Heart Disease (CHD)** is an abnormality in one's heart structure and great vessels since birth. It is the single most common major congenital abnormality. Most heart defects obstruct blood flow in the heart in an abnormal way. Many undergo corrective surgery and are able to survive into adulthood.

#### GASTROENTEROLOGY

Gastroenterology relates to disorders of the gastrointestinal tract, liver and pancreas. Club Rainbow (Singapore) services a high number of beneficiaries with **Biliary Atresia (BA)**. BA is a disease characterised by the absence of bile ducts, which normally drain bile from the liver to the intestines. Many have to undergo surgery (Kasai Procedure) which involves connecting a segment of intestine to the liver's bile ducts to re-establish the flow of bile away from the liver. A third may survive to early childhood but suffer from liver failure. Eventually a liver transplant will be the optimal but is costly and involves risk/complications.

#### NEUROLOGIC DISORDERS

Neurologic disorders affect the body's nervous systems. Some symptoms include paralysis, muscle weakness and poor coordination. **Cerebral Palsy** (movement disorders that appears in early childhood) and **Muscular Atrophy/Dystrophy** (progressive loss of mass/weakness muscle mass) are common diagnosis affecting mobility of a child. From the spectrum of disorders, one of the most severe is Duchenne Muscular Dystrophy (DMD). Some affected children never learn to walk, while some gradually get weaker and lose their ability to even stand or



## ABOUT CLUB RAINBOW (SINGAPORE)

walk. Most children are either wheelchair-bound or bedridden. One of the most severe complications is when they become too weak to use their muscles to breathe adequately, eventually entering into respiratory failure. Without proper respiratory support, many at this stage will suffer from frequent chest infections and also succumb to the illness.

### VERY LOW BIRTH WEIGHT INFANTS

Very low birth weight infants born with weights (< 1500g) and premature, which is less than 37 weeks gestation is common in Singapore. Although there are cases of premature babies as early as 24 weeks of gestation being saved, more complications are faced due to insufficient development of their organ systems. Most babies will encounter various combinations of respiratory, cardiovascular, neurological, visual and nutritional problems.

### RENAL DISORDERS

Children as young as infants can develop kidney failure. When the kidneys fail to excrete unwanted toxic metabolites and excess water at a sufficient rate, both fluid and dangerous waste products accumulate in the body. When the kidneys completely cease to function, the child is in **End Stage Renal Failure (ESRF)** and requires lifelong dialysis, unless a kidney transplant can be arranged. **Nephrotic Syndrome** disease involves the kidneys in which there is leakage of a large amount of proteins from the kidneys into the urine. This result in a disruption in the distribution of the body's fluid balance and a child with Nephrotic Syndrome will appear swollen in the face, abdomen and the limbs due to fluid accumulation. Most will require long-term steroid medication and many will suffer from their side effects.

### RARE SYNDROME/GENETIC DISORDER

A genetic disorder is caused by abnormal expression of one or more genes in a person. There are a number of possible causes for genetic defects, ranging from mutation of a gene, abnormal chromosome number and other causes. The vast majority of these disorders are quite rare and affect one in several thousands or millions of people. The group consists of genetic disorders such as **Williams Syndrome, Angelman Syndrome, Prader-Willi Syndrome and Velocardiofacial Syndrome**.

### OTHERS

#### Metabolic disorders

**Diabetes Mellitus (DM)** is a metabolic disorder where the body has high blood sugar levels over a prolonged period. It is further segregated into Type 1 and Type 2. DM Type 1 results from the pancreas's failure to produce enough insulin and is more common in children. DM Type 2 is where cells fail to respond to insulin produced by the body. Insulin is the hormone necessary to control the body's sugar level. These children require long-term daily treatment consisting of multiple insulin injections, and frequent finger pricks to monitor their blood sugar level. However, despite treatment, both short and long term complications may still arise.

#### Immunological disorders

Immunological disorder is a dysfunction of the immune system. Frequent occurring disorders include: **Systemic Lupus Erythematosus (SLE)** which is an autoimmune disease where the body's immune system attacks healthy tissue. Affected areas can be the skin, joints, kidneys, brains and other organs. **Juvenile Arthritis** results in the inflammation of joints. **Chronic Eczema** is prolonged inflammation of the skin leading to rashes, dryness and blistering of the skin.

#### Respiratory Disease

**Asthma** is a common long term inflammatory disease of the airways of the lungs. Symptoms include episodes of wheezing, coughing, chest tightness and shortness of breath. With medical advancement, most cases can be controlled with medication.

Illness Groups in Club Rainbow (Singapore) 2015	Total
Blood Disorders	64
Cardiovascular Disease	56
Gastroenterology	74
Neurological Disorders	181
Very Low Birth Weight (VLBW)	101
Rare Syndrome and Genetic Disorder (RGN)	115
Respiratory Diseases	43
Renal Disorders	61
Immunological Disorders	28
Metabolic Disorders	17
	<b>740</b>



## PRESIDENT'S MESSAGE

“We would be embarking on programs to develop our youths, emphasizing on their physical, emotional development and social needs. We bear the hope of helping them build competencies needed to become successful adults. Bridging programs would be enhanced for beneficiaries to ensure that they receive adequate support from other community services upon graduation from Club Rainbow (Singapore).”

It has been a fruitful journey for Club Rainbow (Singapore) in the year 2015.

I would like to thank the leadership of Mr Gregory Vijayendran for the past 23 years and the Management Council for giving me the opportunity to serve as President from 2015. We have witnessed some significant developments and are recognizing our many achievements in our mission to provide compassionate relevant services for our beneficiaries and their families.

The year concluded with strengthening of board governance and increasing organizational capacity. The Management Council was refreshed with expert members for board oversight of strategy and operations. Clear strategies and good governance are the keystones to success to achieve greater long-term impact for our beneficiaries. The Management Council meets on a monthly basis with the senior management to analyze the various programs to increase the levels of effectiveness.

Developing the talents of our beneficiaries, despite their medical conditions, has always been one of the focus of the charity. Through the Talent Development Fund, beneficiaries have the opportunities to hone their skills in music, art and sports. In 2015, the beneficiaries put up a resounding concert, “DreamSeeds”, for the public for the first time in NUSS Kent Ridge Guild House. “ARTitude + ”, an art exhibition featuring various art forms like acrylic painting, photography, mural painting and crafts was also held to display the unique perspectives of art seen through the eyes of our beneficiaries.





Moving forward, we would be embarking on programs to develop our youths, emphasizing on their physical, emotional development and social needs. We bear the hope of helping them build competencies needed to become successful adults. Bridging programs would be enhanced for beneficiaries to ensure that they receive adequate support from other community services upon graduation from Club Rainbow (Singapore).

Following the pilot programs in 2014, we would also be expanding the capacity of therapy services offered in Club Rainbow (Singapore), focusing on occupational therapy and physiotherapy. The therapy services aim to maximize our beneficiaries' ability to perform everyday tasks, thereby helping them to achieve independence in all facets of their lives.

We would also be exploring respite care for our caregivers. Respite care is a short-term service that allows caregivers to take some time off their caregiving responsibilities. We understand the need for respite care to avoid physical and emotional exhaustion of caregivers. A framework comprising various types of respite care would be formulated to ease the daily challenges of caring a chronically ill child.

Volunteers have played an important and crucial role in helping us achieve our vision. We appreciate all volunteers who have given their time and talents in helping with our works. The success of Club Rainbow (Singapore) is very much attributed to the contributions of our pool of committed volunteers. In the coming years, we would be engaging our volunteers in a more meaningful way through various training programs to equip them with the essential skills to make a difference in the lives of our beneficiaries.

We are also grateful to the immense commitment of our donors and supporters. In 2015, you have responded with your generous donations. With your help, we are doing the things that matter most. We look forward to your continued partnership in the coming years.

In closing, I want to emphasize that none of the exemplary work of Club Rainbow (Singapore) would be realized without the diligence, devotion and teamwork of a team of incredibly dedicated staff. To them, I extend my heartfelt gratitude and thank you.

God Bless.

**DR SASHIKUMAR GANAPATHY**



## OUR PEOPLE

### MANAGEMENT COUNCIL 2015

<i>President</i>	Dr Sashikumar Ganapathy
<i>Vice President</i>	Mr Eric Teo Hong Kiat
<i>Honorary Treasurer</i>	Mr Allen Zheng Ren Hao
<i>Honorary Secretary</i>	Ms Lim Huay Ling
<i>Assistant Honorary Treasurer</i>	Ms Carolyn Seet Su Lin
<i>Medical Director</i>	Dr Chew So-Phia
<i>Medical Director</i>	Dr Junaidah Badron
<i>Governance &amp; Compliance Director</i>	Ms Neo Ker Ting
<i>Fundraising &amp; Marketing Director</i>	Mr Chow Shang Wei
<i>Education Director</i>	Mr Ramanan Ramadoss
<i>Programme Director</i>	Ms Karen Tan Sok Hong
<i>Programme Director</i>	Ms Jacinta Kong Sok Yee
<i>Personnel Director</i>	Mr Clement Goh Eng Khong
<i>Member</i>	Mr Gregory Vijayendran
<i>Member</i>	Dr Janice Wong Tzen Yuen

### ADVISORY BOARD 2015

Adjunct Associate Professor Chan Mei-Yoke
Dr Jazmyn Chelliah
Associate Professor Ho Lai Yun
Dr June Lou
Professor Low Poh Sim
Dr Rosaleen Ow
Professor Phua Kong Boo
Associate Professor K. Prabhakaran
Associate Professor Quek Swee Chye



## COMMITTEES OF CLUB RAINBOW (SINGAPORE)

To assist the Management Council in covering key areas of management and improve its oversight over management and its accountability to stakeholders, the Management Council has established the following 2 committees :

### INVESTMENT COMMITTEE

The Investment Committee recommends the investment guidelines and ensures that the investment objectives of Club Rainbow (Singapore) are met in accordance with these guidelines. The Committee directs and monitors the performance and the risks/returns profile of the underlying investments for the sole interest of the beneficiaries. It also assesses the performance of the external investment manager, reports to the Council on the investment performance of the managed funds and advises on all matters relating to investment administration.

The Committee currently has 4 members, who have many years of fixed income experience among them.

### AUDIT COMMITTEE

The Audit Committee reviews the efficiency and effectiveness of Club Rainbow (Singapore) internal controls, has oversight over the risk management process and adequacy of corporate governance, serves as an independent and objective party to review the integrity of the financial information, monitors the tone as well as oversees Club Rainbow (Singapore) ethical environment and acts as a liaison between the Council and external auditors.

The Committee consists of 3 members who have extensive financial experience.

## CONFLICT OF INTEREST

All Council members, Committee members and staff of Club Rainbow (Singapore) are required to read and understand the conflict of interest policy in place and make full disclosure of interests, relationships and holdings that could potentially result in a conflict of interest. The members and staff have fully complied with the conflict of interest policy.

## OUR SERVICES

### EMOTIONAL SUPPORT

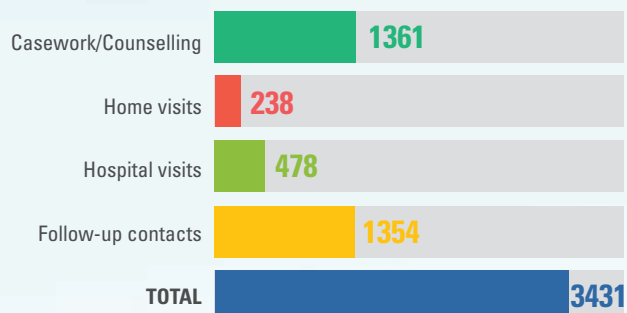
Casework and Counselling is one of Club Rainbow (Singapore) core services to support children with chronic illness and their families. It aims to:

- help families cope with their children's chronic illness, grief and loss
- enhance individual personal growth by equipping one with necessary coping and problem solving skills to meet his/her basic needs
- attend to the psychosocial needs of the families and assist them to work towards resilience

When a child is referred and accepted as a Club Rainbow (Singapore) beneficiary, a caseworker is assigned to provide the beneficiary and his/her family with psychosocial support, including practical assistance.

The interventions and support extended to each family is unique and can be multi-faceted as it is dependent on the illness, severity of the chronic condition, developmental needs as well as the ability of the family to cope with the situation. The caseworker helps beneficiaries and their families learn how to manage life crisis due to the chronic medical conditions and focus on improving their mental and physical well-being to achieve self-reliance.

### CASEWORK IN 2015



### BENEFICIARIES SERVED IN 2015



**713**

Active beneficiaries  
as of 31 Dec 2015



**27**

Graduates in 2015



**740**

Total beneficiaries  
Jan-Dec 2015

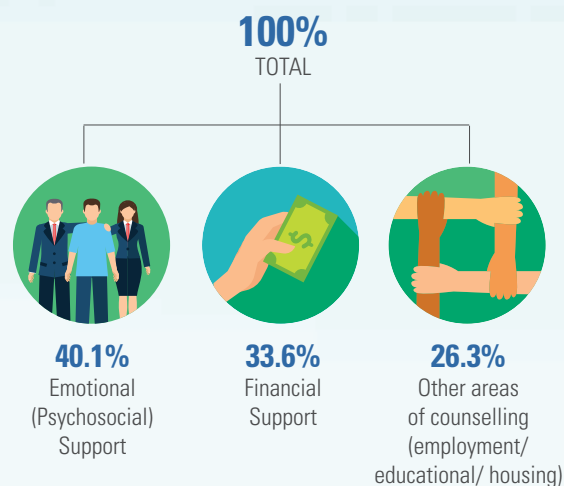


Club Rainbow (Singapore) works closely with the parents and caregivers of the beneficiaries to support them in their day to day challenges. The responses received from beneficiaries and parents vary depending on personality traits, age, social attitudes, and parent-child relationships and many other factors.

**Common challenges faced are:**

1. Child's and/or parents' understanding and acceptance of the illness
2. Child's interpersonal issues like low self-esteem, fear of rejection and restriction, insecurity related to limited educational prospects, and anxiety about how others will react to the illness especially peer groups
3. Financial difficulty and medical expenses brought about by the chronic illness
4. Parent's employment issues due to caregiving responsibilities
5. Social integration and acceptance into the society

**TYPES OF SUPPORT RENDERED AND SESSIONS IN 2015 (%)**



**FINANCIAL SUPPORT**

Club Rainbow (Singapore) provides short-term and interim financial assistance, both monetary and in-kind to low income families with the eventual aim of helping them attain resilience and self-reliance. This is achieved by providing emotional and psycho-social support, empowering them with positive coping and budgeting skills, maximising their limited resources and enhancing their personal growth. It is usually in the form of cash, therapy service subsidy, in-kind items or grocery vouchers.

All financial assistance applications are subject to the Financial Assistance Committee's consideration and approval. The actual amount of assistance and subsidy provided will depend on the family's financial and social circumstances. The thorough assessment is done by the caseworker in charge.

**FINANCIAL ASSISTANCE SCHEME IN 2015**

**90** families assisted under Club Rainbow (Singapore) Financial Assistance Scheme.

**30** beneficiaries assisted under Club Rainbow (Singapore) Financial Subsidy for therapy.

## OUR SERVICES

### EDUCATIONAL ASSISTANCE

#### Bursary and Awards

To ease the financial burden of our families in meeting the child's educational needs, the Rainbow Academic Support Program gives out bursaries and three categories of Education Awards during the academic year to help the low income families as well as to recognize the efforts of Club Rainbow (Singapore) children and youths who have performed well in school despite their medical conditions.

Bursaries are offered to beneficiaries from low income families who have done reasonably well in schools.



**152**  
Beneficiaries awarded in 2015



**S\$76,000**  
Amount paid out in 2015

Education Awards are also given out to beneficiaries who have performed exceptionally well in their schools. The categories of awards are Achievement, Progress and Spirit of Learning for beneficiaries studying in mainstream schools. For beneficiaries studying in non-mainstream schools, the Achievement and Progress awards are given.



**60**  
Beneficiaries awarded in 2015



**S\$27,000**  
Amount paid out in 2015

#### Tuition

With the help of dedicated volunteers, Club Rainbow (Singapore) runs a weekly tuition service on Saturday to provide academic support to our beneficiaries at our centre. Tuition is also provided at NUH and KKH hospitals to beneficiaries who are hospitalized or at the hospitals for medical treatment.

**79**

Beneficiaries served in Saturday tuition in 2015

**24**

Weekly Saturday tuition sessions in 2015

**67**

Beneficiaries served at Hospital tuition in 2015

**115**

Tuition sessions conducted at the hospitals in 2015

#### Enrichment Workshops

In collaboration with MindChamps, a series of Champion Mindset enrichment workshops was organised for our beneficiaries aged 7 to 18 during the school holidays in March, June, September and December. The primary objective of the workshops was to help our beneficiaries to build strong self-esteem and develop life skills that will enable them to achieve their goals and pursue excellence.



**76**  
Beneficiaries attended the workshops in 2015



**4**  
Number of workshops in 2015  
(March, June, September and December)



The workshops imparted the following Champion Mindset in a fun-filled and lively setting:

- Self and Intrinsic Motivation
- Basic Brain Theory
- Active Recall Techniques
- Goal Setting
- Time Management
- Creative and Lateral Thinking
- Identifying Gaps in Learning
- Creating Positive Beliefs
- Family and Relationships
- Managing Stress

### SOME FEEDBACK FROM THE BENEFICIARIES ABOUT WHAT THEY LEARNT AT THE CHAMPION MINDSET ENRICHMENT WORKSHOPS

**"I learnt how to overcome challenges given to me and play fair."**

Andrew Soh  
(Primary 3)

**"Make new friends and learn how to do the presentation."**

Vasanthi  
(Primary 5)

**"I learnt about managing negative emotions and believing in myself."**

Nur Warahmah  
(Primary 6)

**"Meeting someone new and learn how to smile"**

Ona Sutra  
(Primary 4)

**"How to overcome my fear of public speaking and how to speak in front of people."**

Kesava  
(Secondary 1)

**"Public speaking and first impression"**

Joyce Chong Jin Wen  
(Secondary 4)



## SOCIAL INTEGRATION



Social integration programs are a medium to incorporate balance in the physical and emotional aspects of a child's life. The aim to provide equitable opportunities to enable and empower our children and families through:

**STRENGTHENING  
FAMILY TIES**

**TALENT  
DEVELOPMENT**

**COMMUNITY  
ENGAGEMENT**

### STRENGTHENING FAMILY TIES

Programs and events are organised throughout the year to provide the platform for bonding within and between families, enabling the beneficiaries to hone social skills and expand their horizon.

#### ANNUAL PARTY

Club Rainbow (Singapore) iconic event, and typically the largest one for the year, is held annually to provide excellent opportunities for bonding and interaction between our beneficiaries and families, members of Advisory Board and Management Council, volunteers, staff, sponsors and partners, and other stakeholders. The event is also a platform to recognise the academic achievements of our beneficiaries at the Education Awards Presentation Ceremony.

The event was held at Jurong Bird Park for the first time, and also a first visit to the park for several families. The key highlight of the event was the Amazing Race which provided opportunities for bonding within and between families through fun challenges and relay games. 33 beneficiaries were presented with their Education Awards for their good progress and academic achievements.



21 March 2015  
Jurong Bird Park, Lakeview Ballroom &  
The Lodge on Flamingo Lake  
Attended by 488 beneficiaries and family members







### CELEBRATING HEROES

Celebrating Heroes is an event which recognises the caregivers who are extraordinary heroes in their day-to-day care of their child. The event provides the platform to help families and beneficiaries to be comfortable and familiar with others that they have not met, thereby renewing friendships and creating new ones. The parents and caregivers were able to expand their horizons and learn new skills through specially curated workshops.

For the first time in 2015, the event was rebranded 'Celebrating Heroes' to reflect more aptly the purpose of the event to appreciate the immeasurable value of caregivers. The Exemplary Caregiver's Award was also inaugurated to recognise the exemplary commitment and efforts of our caregivers to overcome challenges when caring for their children. Teambuilding activities were themed around 'Fun Cooking', and the motivational Caregivers' Experiential Sharing session allowed the four award recipients to share their life stories to inspire others and let them know that they are not alone in their journey.



4 to 7 December 2015 Cruise  
Port Klang, Malaysia  
319 beneficiaries and family members



12 September 2015  
HomeTeamNS Balestier Clubhouse  
Attended by 168 beneficiaries and family members

### CLUB RAINBOW (SINGAPORE) FAMILY RETREAT

Club Rainbow (Singapore) Family Retreat is an annual, iconic event where beneficiaries and families are invited to an overseas trip to promote quality time for bonding as a family in a relaxed environment and social interaction with other families. There are also respite moments provided to relieve parents and caregivers from their relentless duty of caring for their chronically ill child. Enrichment and informative programs are organised to enhance the know-hows of parents and caregivers while there are separate dedicated activities to impart skills and values to the children.

Nautica Fantasia, the event title for the family retreat on a cruise, saw the highest number of participants in a retreat event with 80% of the families who would not have the chance to travel on a cruise without the comprehensive financial or medical support that was specially provided for the event. Key aspects of the event which received encouraging feedback from the families include the BRIDGE Graduation Ceremony for beneficiaries graduating from Club Rainbow (Singapore), team-bonding and learning workshop, and Meet-the-Council sessions where they were able to share their opinions and difficulties with members of the Advisory Board and Management Council.

## SOCIAL INTEGRATION

### TALENT DEVELOPMENT

The Talent Development Fund is a grant award disbursed to beneficiaries to recognise and nurture their talents, and serves as a form of motivation to encourage them to develop that talent. Building on this foundation, the program initiative, converging at major events in three key tracks of performing arts, visual arts and sports aim to enable progression for the beneficiary in the runway of discovery, recognition, development and showcase.

### DREAMSEEDS CONCERT

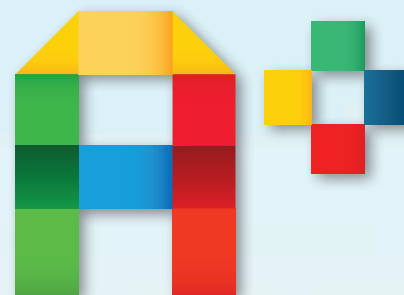
DreamSeeds is an event newly branded in 2015 to place greater emphasis on being the key platform to nurture the passion, celebrate the talents of our beneficiaries in the genres of performing arts, and sow the seeds of their dreams. The key highlight of the event is the Talent Development Fund Award Ceremony, where all awardees are honoured at the event.

DreamSeeds Concert 2015 saw the highest turnout in the number of families and other attendees. They witnessed inspiring performances by 15 beneficiaries in various genres ranging from playing musical instruments such as guitar, piano, drums and *guzheng* to dances in ballet and classical Indian dance. 28 individual talents received the Talent Development Fund Award to pursue their dreams in different genres of sports, performing arts and visual arts.



2 August 2015  
NUSS Kent Ridge Guild House  
Attended by 94 beneficiaries and family members





### ARTITUDE+

In order to create a niche area of talent development in one of the key tracks in visual arts, ARTitude+ was conceptualised to create a positive attitude towards arts. Other than master classes and public showcase of artworks by talents, ARTitude+ also provides the platform to motivate beneficiaries to discover their interests in myriad genres of visual arts.

A new initiative launched in 2015, ARTitude+ succeeded in creating deeper impact and engagement level for beneficiaries via workshops in various genres of visual arts such as drawing with different art medium, craftwork and photography.

Prior to the event, selected talents were given the opportunity to create artworks with painting on canvases, and also participate in a wall mural painting. Both projects, themed around 'Dreams and Aspirations', were unveiled and showcased to the public on the day of the event. Guest-of-Honour Mayor Denise Phua penned the words 'Let's do it together; No one left behind' on the wall mural to aptly reinforce the message of social inclusivity and equitable opportunities for all to pursue their dreams.



22 November 2015  
Rainbow Family Care Centre  
Attended by 182 beneficiaries and family members



Members of the ARTitude+ together with  
Guest-of-Honour Denise Phua

## SOCIAL INTEGRATION



5 to 7 June 2015  
NUS Sheares Hall  
Attended by 78 beneficiaries and 132 volunteers

### COMMUNITY ENGAGEMENT

As an independent charity, Club Rainbow (Singapore) builds social capital by leveraging on a cohesive network of corporates, institutes of learning, community partners and voluntary groups and individuals. By working closely with our sponsors and partners, this allows for continuity and sustainability in the provision and expansion of services and programs for our beneficiaries and families.

### CAMP RAINBOW

With its history dating back to 1991, Camp Rainbow is a medically-supervised, residential camp which allows beneficiaries to stay in-camp away from their parents and caregivers. One unique feature is the individual attention paid to the needs of each beneficiary by an adult befriender throughout the duration of the three-day, two-night camp. This enables the children to develop a sense of independence, confidence and foster lasting friendships.

Camp Rainbow is solely organised by volunteers, with majority of them being current or former beneficiaries, and work on a succession model that allows development of beneficiaries for leadership positions.

In Camp Rainbow 2015, activities were specially created to challenge the determination and resilience of a record number of 78 beneficiaries. Themed around time travel, the beneficiaries had the opportunities to try out kampong games, Disco Night and penned their aspirations and dreams which were placed in a time capsule for safekeeping. Mayor Denise Phua graced the opening ceremony on 5 June 2015 for a rousing start to the event.





### RIDE FOR RAINBOWS

Ride for Rainbows is Club Rainbow (Singapore) flagship fundraising event, where riders challenge their resilience and tenacity to complete a gruelling ride around the island. This exemplifies the same qualities we hope to inculcate in our beneficiaries in their fight against their medical conditions. Through the process of raising funds for our beneficiaries and families, the riders will spread the cause of Club Rainbow (Singapore) and the work we do to support them.

Following its success in 2012, Ride for Rainbows was held for the 4th consecutive year in 2015 in conjunction with Children's Day, which was symbolic to celebrate the resilience and hope for our beneficiaries.

The Ride for Rainbows Carnival was introduced to engage our beneficiaries and families for the first time at this event. This created the opportunity for greater awareness and interaction between the families, fundraising riders and sponsors. It was also a milestone achievement for the event when six current and former beneficiaries completed a 60-km ride despite their medical conditions. Graced by Mr Gan Kim Yong, Minister for Health, who rode the first leg of the 60-km ride, the event raised close to \$650,000.



## SOCIAL INTEGRATION



12 and 19 December 2015  
The Ground Theatre @ \*SCAPE  
Attended by 306 beneficiaries and family members  
and 296 volunteers

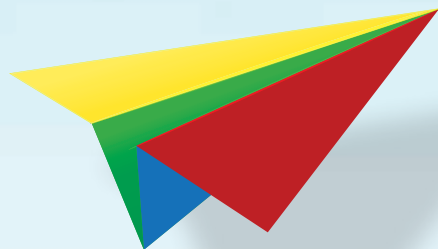
### KRIS KRINGLE

Kris Kringle is a holiday event that instills the spirit of giving and sharing for our beneficiaries. The event, solely supported by corporates, allows our beneficiaries to give back to others in return for the support and blessings that they have been continuously receiving from people who love and care for them. This also creates the opportunities for them to make new friends and understand the importance of companionship. The bond that is developed will help them add balance to their emotional well-being, as they will not need to walk through their life journey alone.

With the support from six corporates, there was a 120% increase in the number of participating children, as the event was scaled up to be implemented over two days at various shopping outlets. Gift shopping and exchange were definitely the key highlights for the children, and the festivities at the Kris Kringle Afterparty, including the Santa Claus surprise appearance, were well-received by the overwhelming crowd. The Afterparty was introduced for the very first time to create a platform for corporate sponsors and volunteers, beneficiaries and families, and all other stakeholders to interact and bond through fun.







### AD-HOC PROGRAMS

Other than the major events, there are numerous programs to optimise outreach and engagement of beneficiaries and families. These programs, ranging from visits and excursions to learning workshops, will not be possible without the immense support from corporate sponsors and community partners.



30 August 2015  
Painting on Canvas Master Art Class



11 April 2015  
Animal Resort & MycoFarm



12 June 2015  
Trick Eye Museum, Resort World Sentosa



5 to 6 October 2015  
Mini-Camp 2015 @ Johor Bahru



20 June 2015  
Street Percussion Workshop

79 ad-hoc programs were held throughout the year at various locations  
Attended by 3,377 participants (total number of beneficiaries and family members  
who participated in all the programs)

## INFORMATIONAL RESOURCES

Club Rainbow (Singapore) conducts seminars and workshops by medical practitioners and professionals who share their knowledge to beneficiaries, parents and caregivers. Topics range from caring for children with specific needs, new research and treatments, management of an illness, stress management, handling finances and nutrition care.

### Workshops and Parents' Support sessions



#### FOCUS GROUP DISCUSSIONS – BLOOD DISORDER, RARE GENETIC DISEASE, AND BILIARY ATRESIA/LIVER DISEASE

Focus group discussion (FGD) is a good way to gather people from similar backgrounds or experiences to discuss a specific topic of interest. The objectives of the discussion are to find out parent's or caregiver's needs in caring for the beneficiary, identify service gaps and explore means to address them, as well as the coping and support system of the caregiver. The results of the different discussions led to creation of platforms like Parent Support sessions for Liver Disease Group as well as workshops on Liver Transplant Management Parenting.



#### PARENTS' SUPPORT GROUP PROGRAM FOR BILIARY ATRESIA/LIVER DISEASE GROUP

Three series of group work were conducted for parents of children diagnosed with liver disease. These sessions covered needs assessment, and opportunities were created for parents' interaction and support to each other.



#### LIVER TRANSPLANT MANAGEMENT WORKSHOP

The Liver Transplant Management Workshop is a psycho-education program which was part of the Liver Parents' Support Group Program 2015. The workshop provided medical information on the pre-transplant and the post-transplant stage to the caregivers of Club Rainbow (Singapore). The workshop also served as community outreach to the parents and children of KK Hospital, especially those children suffering from chronic liver disease and may need information on liver transplant management.

### Children's and Sibling's Groupwork



#### GROUP WORK FOR CLUB RAINBOW (SINGAPORE) BENEFICIARIES

Four sessions of group work were conducted in 2015 for the beneficiaries of Club Rainbow (Singapore). The objectives of the Children's Group Work are to provide a therapeutic environment in which beneficiaries can develop skills for the appropriate expression of feeling, learn how to handle various situations and problem solving. The sessions also serve as a platform for the beneficiaries to express their joys and concerns with other children.



#### SIBLINGS' GROUP WORK

Siblings' Group Work primarily focuses on the siblings of beneficiaries, providing them an opportunity for peer support, developing skills for the appropriate expression of feelings, teaching them how to handle various situations, and helping them to understand the challenges and limitations their siblings with chronic illnesses are facing. Four sessions were conducted in 2015.

## OTHER SUPPORT SERVICES

### THERAPY SERVICES

In 2015, we continued to build on the services that were piloted in 2014 as we strived to enhance our support for the health and emotional well-being of our beneficiaries. These services included Physiotherapy, Speech Therapy, Play Therapy, Art Therapy and Swimming.



**37**

Beneficiaries served in 2015

### RAINBOW CARE AND RESOURCE CENTRES (RCRC)

The Rainbow Care and Resource Centres located at the KK Children's and Women Hospital (KKH) and National University Hospital (NUH) collaborated with volunteers and hospital staff to provide weekly art and craft sessions, play sessions, board games sessions and tuition for our beneficiaries who were hospitalized or seeking treatment at the hospital. We also worked with corporate sponsors to organize events and workshops such as Jumping Clay Workshop, Movies Screening, Paper Clay Workshop, Children's Day Party, Carnival Games, Mini Christmas Celebration cum Art & Craft Workshop and Christmas Party in December. These activities served to promote fun, socialization and most importantly, helped our beneficiaries manage the stress brought about by their illness.



**804**

Total number of visits by beneficiaries to RCRCs at KKH and NUH in 2015

### TRANSPORT

We have 3 vans to provide transportation for our beneficiaries with mobility-related disabilities that restrict them from taking public transport. The vans enabled our beneficiaries to commute to and from hospital appointments, therapy and counselling sessions at our centres, swimming lessons and Club Rainbow (Singapore) events.



**62**

Beneficiaries served in 2015



The vans enable our beneficiaries  
**3,809** Trips



Beneficiaries doing arts and craft at RCRC



Art pieces by our beneficiaries



Christmas Party at NUH



# STATEMENT OF FINANCIAL POSITION

As at 31 December 2015

	2015 \$	2014 \$
<b>Assets</b>		
<b>Current assets</b>		
Cash and bank balances	5,226,785	7,412,044
Other receivables	47,915	221,489
Total current assets	5,274,700	7,633,533
<b>Non-current assets</b>		
Plant and equipment	668,665	174,966
Investment securities – available – for – sale	9,984,195	7,863,666
Total non-current assets	10,652,860	8,038,632
Total assets	15,927,560	15,672,165
<b>Liabilities, fund and reserve</b>		
<b>Liabilities</b>		
<b>Current liabilities</b>		
Other payables	114,295	62,807
Total current liabilities	114,295	62,807
Total liabilities	114,295	62,807
<b>Fund and reserve</b>		
Unrestricted fund	15,869,563	15,580,454
Fair value adjustment reserve	(56,298)	28,904
Total fund and reserve	15,813,265	15,609,358
<b>Total liabilities, fund and reserve</b>	15,927,560	15,672,165

Club Rainbow (Singapore) is a registered society in Singapore under the Societies Act, Chapter 311 on 27 November 1992 and is an approved charity under the Charities Act, Chapter 37 since 22 December 1992. It has been accorded the status of an Institution of a Public Character from 29 September 2015 to 28 September 2017.

The principal activities of the Society are to provide emotional, informational, financial, educational and psycho-social support to children with life threatening illnesses and their families.

## RESERVE POLICY

The reserve of Club Rainbow (Singapore) provides financial stability and the means for the development of the Society's activity and it intends to maintain the reserve at a level, which is approximately equivalent to 3 years of projected annual operating expenditure.

The Management Council will review annually the amount of fund that is required to ensure that they are adequate to fulfill the Society's continuing obligations.

The Society is not subject to externally imposed reserve requirement.

# STATEMENT OF FINANCIAL ACTIVITIES

For the financial year ended 31 December 2015

	UNRESTRICTED FUND			
	2015		2014	
	\$	%	\$	%
<b>INCOME</b>				
Income from generated funds				
– Voluntary income	2,487,724	73	2,255,299	69
– Activities for generating funds	648,726	19	802,351	25
– Investment income	259,849	8	202,185	6
Other income	210	–	152	–
<b>TOTAL INCOME</b>	<b>3,396,509</b>	<b>100</b>	<b>3,259,987</b>	<b>100</b>
<b>EXPENDITURES</b>				
Cost of generating funds	108,868	4	86,186	3
Charitable activities	1,936,225	62	1,746,453	67
Governance costs	7,094	–	9,000	–
Other expenditures	1,055,213	34	764,569	30
<b>TOTAL EXPENDITURES</b>	<b>3,107,400</b>	<b>100</b>	<b>2,606,208</b>	<b>100</b>
<b>NET INCOME FOR THE YEAR</b>	<b>289,109</b>		<b>653,779</b>	

The number of employees (including key management personnel) whose remuneration amount to over \$100,000 in the year is as follows:

	2015	2014
Number of employees in bands:		
\$100,001 to \$150,000	1	1

- (a) The Executive Director having authority and responsibility for planning, directing and controlling the operations of the Society directly or indirectly.
- (b) The Management Council is the final authority and is overall responsible for policy making and determination of all activities. Management Council members are volunteers and received no monetary remuneration for their contribution.

Auditor : Helmi Talib & Co







Club Rainbow (Singapore)



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**UEN NUMBER:**

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